West Highland Herald  

**Westie Rescue, Inc. Celebrates 10 Years!**

**Presidents Message**

Earlier this year we held a fundraiser to sell lines for placement of an Ad in the catalog for the Columbia Terrier Association all Terrier Show.

The show was held at the Maryland State Fairgrounds, Timonium, Maryland on Friday, April 23, 2010. Thanks to many of you we were able to fill two (2) pages in the catalog. For those of you that were unable to attend the show and see an actual catalog we have reproduced the list of names as they appeared in the ad. (see page 3)

Funds raised from the ad will be used to pay for veterinary care, food and other supplies for the rescued Westie’s. On behalf of Westie Rescue, our thanks to those of you who once again supported this fundraiser and our efforts to provide continued care for our rescued Westie’s.

Karen Spalding  
President

**Super Pet Expo**

The beautiful spring weather in mid-March was made to order for this year’s Super Pet Expo. Our Westie Rescue volunteers enjoyed viewing a parade of dogs, cats, and the odd ferret or two. This indoor event brought in quite a crowd, with several Westies dropping in to check out our booth. Our Westies, Annie, Fred, Beau, Zoe, Callie and Kirby happily socialized with the visitors, while our volunteer staff answered questions. The Westies also worked the Kissing Booth we had set up—there is nothing better than a Westie kiss. The vendors at the Expo had something for everyone, gourmet dog treats and foods, designer collars and leashes, and photographers ready to snap that perfect pose. For pet owners there was artwork and jewelry, T-shirts and totes, ornament and signs, and so much more. There was even a bit of excitement when one of our board members foiled an escape by a Norwich Terrier that had slipped out of its collar. A special thank you to our volunteers, board members and their Westies for giving their time to make this a "super" event; we appreciate all of your support. We all had a very enjoyable time at the Super Pet Expo and look forward to next year’s show.

Submitted by: Mary Ann Kalwarski, Event Coordinator
Toby

Submitted by Mary Ann Kalwarski

My Toby continues to amaze me every day. Winter was a blast for Toby! He just loved all the snow we received (probably the only one who did!). He, Kayla and Annie, romped and rolled in the fluffy snow and climbed nearly every snow mound in the neighborhood to survey their newly whitened kingdom. From this vantage point, any intruder venturing into their space was quickly spotted.

Toby quickly figured out that making snow "Westies" was lots of fun. He, and his sisters, would roll on their backs in the fluffy snow, get their fur full of snow and shake it all over. I made sure they did this outside as they all tried to sneak upstairs before shaking. Later, when the snow formed a crust, he and Annie would use it to scratch their backs. And, with all this activity, they were all glad to snuggle up near the fireplace and warm up.

Now, though, spring is here and we are looking forward to lots of walks and new adventures. Stay tuned for more on Toby.

To be continued in future issues...

Received After Deadline

Proudly Owned by a Rescue Westie:

Alex, owned by Barbara W. Lundsford
Katie, owned by Ed & Leslie Goldenberg

In Memory Of:

Rocky, owned by Alan & Alana Butler

In Honor Of:

Sammie, made by Alan & Alana Butler

Westie Rescue Supporters:

Barbara W. Lundsford
Sondra Kalinsky
April 23, 2010

Columbia Terrier Association Catalog Ad

Proudly Owned by a Rescued Westie:

Maggie Mae, owned by Alan & Carolyn Lumb
Baylee, owned by Dee Smith
Gracie, owned by John & Johanna Cote'
Annie, owned by Mary Ann Kalwarski
Loki, owned by Jerry & Marilyn Jensen
Mysti, owned by Loren & Jane Ferguson
Wesley, owned by Roger & Ann Weinheimer
Cosma, owned by Roger & Jane West
Alfie, owned by Linda Long
Sparky, owned by James Johnson
Sparky, owned by Matt Shepard
Missy, owned by Lynn Musgrave
Charlie, owned by Jess & Jane Lockaby
Willie, owned by Mike & Linda Sheaffer
Belle, owned by Phyllis Facterman & Bob Doran
Riley, owned by Phyllis Facterman & Bob Doran
Kelsey, owned by Phil Rosenzweig & Beth Zemble
Lulu, owned by Sherry Gryder & Robin Motley
Channel, Daisy & Mystic, made by Don & Durie White

Tucker, owned by Alan & Carolyn Lumb
Snuffy, owned by Austin Dodson
Tess, owned by Mike & Sheila Donnelly
Toby, owned by Mary Ann Kalwarski
Charlie, owned by The Payton Family
Max, owned by Bill & Mary Jane Wildberger
Princess, owned by Lisa & Alan Isenberg
Oliver, owned by Greg Greiner & John Heizer
Bella, owned by James Johnson
Bella, owned by Matt Shepard
Molly, owned by Stanley S. Andrews, DDS
Parker, owned by Jess & Jane Lockaby
Marley, owned by Krystyna Locke
Tucker, owned by David & Stella Forbes
Emma, owned by Kimberley & Katelyn Wood
Snowball, owned by Sondra Kalinsky
Jack, owned by Phil Rosenzweig & Beth Zemble
McDuff, owned by Sherry Gryder & Robin Motley

In Honor Of:

Carrie Ann, made by Donna Magruder
McDuff, made by Cathy & Mike Hughes
Derby, owned by Wilson & Katie Wyatt
All Westies In Need, made by Dee Smith
M. Antoinette Kelley, made by Diane Kelley
Westie Rescue, Inc., made by Krystyna Locke
Maisie & Willie, owned by Mike & Linda Sheaffer
Skippy & Wesley, made by Thelma & Art Gourdier
Duffy & Betty Wingate, made by Donna Magruder
Caesar, owned by Matt Shepard & James Johnson
Lilly, owned by Matt Shepard & James Johnson
All My Foster Westies, made by Mary Ann Kalwarski

Duffy, made by Betty Wingate
Phoebe, made by Bob & Kirsten Hills
Julep, owned by Wilson & Katie Wyatt
Lady, made by Dee Smith
Don's Tracacie, owned by Don & Jo Shiffler
Tristan Rhode, made by Krystyna Locke
Sherlock, owned by Sherry Gryder
Karen Spalding, made by The Wood Family
Winnie, owned by The Banks Family
All My Fosters, made by Karen Spalding
Mattie Mae, owned by Matt Shepard & James Johnson
Providers of Foster Homes, made by Krystyna Locke

Those Who Donate Veterinary Services, made by Krystyna Locke
Westie Rescue, Inc. Board Members & Volunteers, made by Donna Magruder
Karen Spalding for 10 Years of Dedication to Rescue, made by Bob Spalding
In Memory Of:

Crash, owned by John & Johanna Cote’
Tessa, owned by Mike & Sheila Donnelly
Mickey, owned by Jennifer Speight
Daisy, owned by Bob & Kirsten Hills
Bogey, owned by Heather Moore
Casey, owned by Heather Moore
AW, owned by Nancy Hill
Mickey, owned by Linda Long
Maggie Mae, owned by Dee Smith
Sarah II, owned by Roger & Jane West
Truffles, owned by Diane Kelley
Willie, owned by Jess & Jane Lockaby
Beanie & Beano, owned by Krystyna Locke
Roodee & Jake, owned by Krystyna Locke
Opie, owned by Sherry Gryder & Robin Motley
Mattie, owned by Sherry Gryder & Robin Motley
Delorean, owned by Mike & Linda Sheaffer
Nessie of Neuse, owned by Don & Jo Shiffler
Tibby, owned by Donna Magruder & Betty Wingate
Scottie, owned by Donna Magruder & Betty Wingate
Jenny, owned by Matt Shepard & James Johnson
Colby, owned by Matt Shepard & James Johnson
MacTavish, owned by Norma Broude & Mary Garrard
Lucy, owned by Flo Tull made by Mary Ann Kalwarski
Wesley, owned by Mac MacCampbell made by Mary Ann Kalwarski
Sara Ann, loved by Bob & Karen Spalding, made by Mary Ann Kalwarski
Ivee, owned by Mike & Katelyn Gaumer & Karen Spalding, made by Mary Ann Kalwarski

Westie Rescue Supporters:

Norma Broude  Mary Garrard  Regina Van Doren  Thelma & Art Gourdie
Bob & Kirsten Hills  Jess & Jane Lockaby  Krystyna Locke  Mike & Linda Sheaffer
Katie Wyatt  Wilson Wyatt  Diane Kelley  Debbie Banks
Sondra Kalinsky

Westie Rescue, Inc. Celebrates 10 Years
Thank you for Showing Your Support for Westie Rescue
January 2010—April 2010

Volunteers
Flo Tull
Don & Durie White
Judy Cooper
Roger & Jane West
Sherri Salamone
Mary Ann Kalwarski
Karen Spalding
Bob Spalding
Theresa Rollins
Rick & Glenda Pearsall
Donna Magruder
Betty Wingate
Carolyn Lumb
Rita Lunn Donovan
Kitty Johnson

SPE Westie Volunteers
"Annie" Kalwarski
"Fred" Tull
"Beau" McCampbell
"Zoe" Spalding
"Callie" Pearsall
"Kirby" Rollins

In Memory of...
Lucy, loved by Bill & Braswell Gamble
Maggie, loved by Lobach Family

In Kind Donations
Kuranda Bed—Barbara Lobach
Roll of 28 cent stamps—Donna Magruder
ID tag for Rescue Dog—Betty Wingate
Copies—Donna Magruder
Shelter Fee—Betty Wingate

Donated Services
Caring Hands Veterinary, Centreville, VA
Loudoun Veterinary Services
Purcellville, Virginia
Bob Spalding—Trailer for storing our Property
Gings Kennel, Leesburg, VA

Marylanders
You can help Westies by purchasing a Westie Rescue, Inc. License Plate
For more information www.HelpWesties.org

Westie Rescue Alumni Association
The Westies listed below have been rehomed between January 2010—April 2010

<table>
<thead>
<tr>
<th>Westies</th>
<th>Proudly owned by</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Taylor nka Tucker</td>
<td>Cynthia &amp; Lyn Goodwin</td>
<td>Virginia</td>
</tr>
</tbody>
</table>
Highland Finds...

Westie Cookie Cutter
Available at our on-line gift store.....$6.00

Visit our Website www.helpwesties.org for a variety of Westie items such as: T-shirts, sweatshirts, car magnets, garden flags and totes.

Coming Soon...new items to celebrate our ten year anniversary. Be sure to check our website in the next few months for a special purchase which is sure to be a must have for any Westie fan.

The Effects of Sound
What a pet hears, and the intensity of the sound, can influence his health and behavior. Harsh noises can be irritating and unsettling, while music therapy can be soothing to an upset animal. Taking a sonic inventory of your household can make the difference between a happy pet and an agitated one.
Breed Profile: West Highland White Terrier

If you own a West Highland White Terrier, you already know that they are spunky and affectionate. There's a lot of dog packed into that little body - Westies are determined, devoted and agile. Originating in Scotland and closely related to both Cairn and Scottish Terriers, Westies are among the most popular breeds of terriers in the United States. It's no surprise, then, that the West Highland White Terrier comes in at a respectable #33 on the AKC's list of most popular dog breeds. Let's take a closer look at the characteristics that make your dog distinctly a West Highland White Terrier.

Attitude and Behavior

West Highland White Terriers are bold, watchful, and mischievous companions. Like many terrier breeds, they are eager to please. They are playful and outgoing with both children and strangers. Most Westies get along with other dogs and household pets (except for small rodents), but some can be scrappy.

West Highland White Terriers learn quickly, but can be easily distracted or bored. They tend to be both stubborn and independent. Reward based training (such as games or food) is best, but be careful not to reward with food too much, or your West Highland White Terrier's waistline may suffer!

Exercise and Nutrition

West Highland White Terrier generally maintain a reasonable weight, but some show a tendency towards obesity. Weight can be monitored with this simple test: you should be able to feel the ribs, but they should not be noticeable by sight. Feed a balanced diet, as recommended by your veterinarian, and adjust calories and exercise if needed.

West Highland White Terriers make alert housedogs as long as their exercise needs are met. A daily walk around the block, with ample time to sniff and explore, usually does the trick. Be sure to supplement with lots of dedicated play time. Westies tend to do well at dog parks, although care must be taken to not allow them to bully other dogs. Always choose off-leash areas that are well enclosed.

West Highland White Terrier Basics

- Height: 10”-11"
- Weight: 15-21 pounds
- Life Span: 12-14 years

Common Medical Conditions

- Legg-Calve-Perthes Disease
- Otitis Externa (ear infections)
- Atopy
- Polycystic Kidney Disease
- Chronic Hepatitis

"We make a living by what we do, but we make a life by what we give"
Winston Churchill
Daisy Dishes

My people opened our community’s canine social season recently, throwing me a party to celebrate my 7th birthday. We canines outnumbered people by nearly 2 to 1. Thirteen of my closest friends and relatives attended. My sisters Chanel and Mystic helped me greet our guests. Lilli and her sister Sadie the Poodle arrived, balloon in paw. Soon afterward, Idgy, Lucy and Dougal trotted up to the threshold. Their people added a touch of New Orleans (or Nawlins, as the natives say) to the fete, mixing a batch of hurricanes for our human partygoers. (Laissez les bons temps roulez!) And following on their tails, Kayla the Cairn and her sibs Toby and Annie sashayed into the house. Their foster friend Mickey also attended, thoroughly enjoying his first social gathering. Marty the Maltese and his sister Dolly the Bichon mix added lively banter to the bash.

Not to be outdone by the edible spread my people served, I had asked my female person to purchase some Frosty Paws canine ice cream (available in the frozen food section of many grocery stores) for my guests. This turned out to be the hit of the party. Everyone except Ms. Sophisticate Dolly licked his or her cup clean. Marty got the chills, but it did not deter him from finishing his serving. I became quite concerned that someone might covet my share, so I stealthily carried my cup underneath the buffet table and polished it off in peace.

Sadly, the good times rolled to an end as we bade farewell to our guests. Marty took a Frosty Paws for the road. Dolly rolled her eyes at his perceived lack of discerning taste. Lucy, Dougal and Idgy headed back to College Bark. Lilli and Sadie are neighbors, so they didn’t have far to go. Kayla, Annie, Toby and Mickey lingered a bit, but their person has a day job other than attending parties, so they too departed. Mystic and Chanel reminded me that even though the party was over, we have leftover Frosty Paws. It’s good to have something to look forward to!

Your dishing diva,
Daisy

Alumni News...

Please accept these donations in memory of Lucy, a Westie. An acknowledgment sent to her grieving parents would be greatly appreciated.

Sincerely,
Duke Miles
Savannah, GA

What a great idea to send a gift in lieu of Valentine chocolates! Thanks for the idea and we hope this dog bed brings comfort to a Westie in need. (In Memory of Maggie, 1997-2009)

Barbara Lobach
Hendersonville, NC

Dear Karen,

Here’s a donation for Westie Rescue. Alex is so wonderful! He is my pal, my fun companion and I don’t know what I would do without him. Even though Alex has food allergies, he is a constantly robust, healthy and energetic Westie. I am “crazy” about him! He takes good care of me.

Thank you, Karen. Alex is my cherished friend.

Barbara Lunsford
Virginia
Spring Safety Tips

1. Keep cleaning products out of your dog’s reach and do not allow your dog to walk on or lick surfaces that are still wet with cleaning products. If your dog does come in contact with these surfaces, they may experience skin irritation and some gastrointestinal problems. Most cleaning products are safe to use around pets if they are used as directed, including Swiffer Wet Jet and Febreeze, contrary to the urban myth that these products caused liver and kidney damage. If you suspect that your dog has ingested a quantity of a toxic cleaning product, contact your veterinarian immediately for treatment recommendations.

2. Do not dispose of old medicines in the garbage when cleaning out the medicine chest to prevent your dog from finding and ingesting them. Some human cold, allergy and sinus medications, especially those containing pseudoephedrine, are extremely toxic to dogs. Pain relievers, including acetaminophen (Tylenol) and ibuprofen (Advil), as well as various prescription drugs can be toxic to dogs. According to Health Canada, it is best to return drugs to a pharmacy for proper disposal.

3. Keep poisonous plants out of your home and yard to ensure your dog does not ingest them. Common plants toxic to dogs include daffodils, rhododendron, azaleas, tulip bulbs, oleander, yucca plants and some vegetable garden plants such as tomato vines. Symptoms will vary depending on the plant ingested and may include vomiting, diarrhea, heart and nervous system problems, coma and even death.

4. Do not use slug and snail bait poisons around dogs that contain metaldehyde (eg. Corry’s) which is sweet to attract slugs and also attracts dogs. If ingested, the product will affect the dog’s nervous system causing twitching and tremors. Choose alternatives that are metaldehyde free and labeled safe for pets.

5. During renovation projects, guard paints, building materials and electrical cords. Most water based paints are low in toxicity for dogs but may cause some gastrointestinal problems if ingested. If paint gets on your dog’s fur, do not use paint remover as could burn the skin, simply wash with a mild shampoo or cut the fur. Keep an eye on loose nails, screws, staples and other building supplies to prevent dogs from chewing and swallowing them. This could result in not only cuts to the mouth but a full airway obstruction. Watch electrical tools to prevent your dog from chewing the cords and receiving mouth burns or being electrocuted.
To help us cut mailing costs, please let us know if you are receiving more than one newsletter or if you are moving. If you no longer wish to receive the West Highland Herald, please return your mailing label to the address printed above.

Penny The Beach Westie

Author M.A. Schueler narrates an adventurous children’s story through the eyes of her pet Terrier, Penny. The Beach Westie teaches important lessons about making new friends and the dangers of straying too far from home.

Penny loves visiting the beach with her owner. Actually, this little West Highland Terrier loves going on all kinds of adventures. While at the beach, she meets three new cat friends; this strange friendship leads Penny on a frightening journey with unexpected consequences.

About the Author

M.A. Schueler is a retired school nurse who currently works as a licensed real estate agent in South Carolina. *Penny The Beach Westie* is based on the adventures of her own Westie.

For purchase information contact us at: info@helpwesties.org

Note: M. A. Schueler is an alumni of Westie Rescue, Inc. The Schueler’s adopted Duffy about 9 years ago. This book is based on Penny, their second Westie who loved adventure and the beach!